



Sail the Gorge this summer with Olympic Gold Medal winner Anna Tunnicliffe Tobias! Anna's resumé as a sailor and a coach is long and impressive: 4-time collegiate National Champion and All-American, 2-time Olympic competitor (and gold medalist in the ILCA 6 class in 2008), and 2022 coach for the US Sailing Team ILCA 6 squad. In recent years, Anna has gained further acclaim as a fitness guru, claiming the title of "Fittest on Earth" at the 2018 CrossFit Masters Games.

A fierce competitor on the racecourse, Anna brings a warm and accessible approach to her coaching clinics, as well as a wealth of knowledge about how to achieve championship-level performance in sailing. This clinic is a rare opportunity for west coast sailors to work with one of the world's top ILCA coaches, and a great warm-up for the [Skamania Coves Invitational Regatta](#) the following weekend!

The Laser Masters Gorge Training Camp with Anna Tunnicliffe Tobias is designed for experienced ILCA sailors comfortable in winds up to 25 knots. Attendance is limited to 8 sailors (first come, first served). The clinic fee of **\$750** covers three days of on-the-water coaching with Anna, daily video de-brief, and personal performance assessment and training tips.

To register and make payment go to the [Support CGRA](#) web page and click on **Donate**. Your \$750 donation is your registration (due to limited attendance, clinic fees are non-refundable).

For more information and to confirm your registration in the clinic, please send a message to: bill@cgra.org.